Welcome to Reaktion’s books for Autumn and Winter 2024.

Jack Margolin’s *The Wagner Group* is the story, propulsively told, of Russia’s notorious mercenary army, its position within the Putin regime and its role in advancing Russian interests in Europe and Africa.

Terry Kirby’s *The Newsmongers* is a carefully researched, penetrating and entertaining study of the rise and influence of tabloid media.

In *The Virtues of Underwear*, Nina Edwards brilliantly lays bare the style and meaning of undergarments across history.

Sara J. Charles’s *The Medieval Scriptorium* reveals the fascinating history of how books were made in the Middle Ages. Evoking the sights, smells and sounds of the scriptorium, the author provides an immersive journey through book production, from the rise of Christianity to the emergence of printing in Europe.

*Being Ill* by Neil Vickers and Derek Bolton is an essential book on the experience of having a major illness – our sense of self when ill and how we feel we are perceived by others – and explores how infirmity plays out in the world.

*Murder by Mail* is Mitchel P. Roth and Mahmut Cengiz’s compelling, comprehensive global history of the letter bomb. From its beginnings in the eighteenth century with the bandbox plot, it has gone on to be used by both right- and left-wing political groups and by various states and individuals, such as the Unabomber.

*Readers for Life*, edited by Sander L. Gilman and Heta Pyrhönen, is an anthology on how reading in childhood shapes us for life, featuring outstanding contributions by writers including Salman Rushdie, Catherine Lacey, Maria Tatar, Daniel Mendelsohn and Michael Rosen.

New in paperback are the bestselling *The Pirates’ Code* by Rebecca Simon and Ana Debenedetti’s essential study *Botticelli: Artist and Designer*.

We hope that you will enjoy our new season’s books and Reaktion’s great backlist.

Michael R. Leaman, *Publisher*
David Hayden, *Managing Director*

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The Newsmongers
A History of Tabloid Journalism
Terry Kirby

The Newsmongers unfolds the seedy history of tabloid journalism, from the first printed ‘Strange Newes’ sheets of the sixteenth century to the sensationalism of today’s digital age. The narrative weaves from Regency gossip writers through New York’s ‘yellow journalism’ battles to the ‘sex and sleaze’ Sun of the 1970s, and from the Brexit-backing populism of the Daily Mail to the celebrity-obsessed Mail Online of the 2000s. Colourful figures such as Daniel Defoe, Lord Northcliffe, Hugh Cudlipp, Rupert Murdoch and Robert Maxwell are brought to vivid life. From scandalous confessions to the Leveson Inquiry, the book explores journalists’ unscrupulous methods, taking in phone hacking, privacy breaches and bribery. In the digital era, popular journalism succumbed to ‘churnalism’ while a certain royal is seeking revenge on the tabloids today.

Terry Kirby is a senior lecturer in journalism at Goldsmiths, University of London, and author of The Trials of the Baroness (1991). He has been a journalist for more than four decades and has worked for local, regional and national newspapers.
Murder by Mail
A Global History of the Letter Bomb
Mitchel P. Roth and Mahmut Cengiz

This book unfolds the gripping history of weaponized mail, offering the first ever comprehensive exploration of this sinister phenomenon. Spanning two centuries, Murder by Mail unveils the history of postal bombs, describing the evolution of both explosives and the postal services that facilitated their deadly use. From an eighteenth-century incident involving Jonathan Swift to modern acts of terror by groups like the IRA and the suffragettes and lone wolves such as the Unabomber, it uncovers the surprising ubiquity of mail bombs. This chronological account meticulously covers each decade, from early anarchists and world wars through the Cold War to the rise of the serial bomber. Astounding in scope, this book sheds light on the psychopathy, motivations and political implications behind murder by mail.

Mitchel P. Roth is Professor of Criminal Justice and Criminology at Sam Houston State University, Texas. His many books include An Eye for an Eye: A Global History of Crime and Punishment (Reaktion, 2014).

Mahmut Cengiz is Associate Professor and Faculty at the Terrorism, Transnational Crime and Corruption Center (Traccc) at George Mason University. He is co-author (with Mitchel P. Roth) of The Illicit Economy in Turkey: How Criminals, Terrorists, and the Syrian Conflict Fuel Underground Markets (2019).
The Wagner Group
Inside Russia’s Mercenary Army
Jack Margolin

‘At once deeply researched and as readable as a thriller.’
– Mark Galeotti, author of Putin’s Wars

‘Margolin takes readers deep into the shadowy underworld of the notorious mercenary group. A must read.’
– Clarissa Ward, CNN Chief International Correspondent

‘An important book.’ – Sean McFate, National Defense University, author of The New Rules of War

Jack Margolin traces the Wagner Group, Russia’s notorious and secretive mercenary army, from its roots as a battlefield rumour to a private military enterprise tens of thousands strong that eventually came to threaten Putin himself. He follows individual commanders and foot soldiers within the group as they fight in Ukraine, Syria and Africa, and shows Wagner mercenaries committing atrocities, plundering resources and changing the course of conflicts in the name of the Kremlin.

Revealing details never documented before, this book unravels Wagner’s story up to the dramatic demise of its chief director, Evgeniy Prigozhin, and demonstrates what Wagner represents not only for the future of Putin’s political system but for the privatization of war.

Jack Margolin is an independent researcher who has studied private military contractors and Russian criminal networks since 2014. His investigations have been cited by the New York Times, the Washington Post, The Economist, the Financial Times and Politico. He lives in Washington, dc.

A gripping, meticulous exposé of crime, political infighting and military atrocity
Being Ill

*On Sickness, Care and Abandonment*

Neil Vickers and Derek Bolton

A serious illness often changes the way others see us. Few, if any, relationships remain the same. The sick become more dependent on partners and family members, while more distant contacts become strained. The carers of the ill are also often isolated. This book focuses on our sense of self when ill and how infirmity plays out in our relationships with others.

Neil Vickers and Derek Bolton offer an original perspective, drawing on neuroscience, psychology and psychoanalysis as well as memoirs of the ill or their carers to reveal how a sense of connectedness and group belonging can not only improve care but make societies more resilient to illness. This is an essential book on the experience of major illness.

Neil Vickers is Professor of English Literature and the Health Humanities at King’s College London and has had a career in epidemiology. He has published widely on literature and medical subjects and is the author of *Coleridge and the Doctors* (2004).

Derek Bolton is Emeritus Professor of Philosophy and Psychopathology at the Institute of Psychiatry, Psychology and Neuroscience, King’s College London. He is the author of several books, including *What Is Mental Disorder?* (2008) and *The Biopsychosocial Model of Health and Disease* (with Grant Gillett, 2019).
The Virtues of Underwear
Modesty, Flamboyance and Filth
Nina Edwards

This book unravels the intimate narratives woven into the fabric of our most personal garments. From the first loincloths to the intricate layers of shapewear, Nina Edwards explores the concealed world of underwear as a silent communicator of individual desire and societal affiliation. As an indicator of the pulse of fashion, underwear evolves from minimalism to intricate designs with new materials. Beyond its role in denying our corporeal nature, underwear safeguards and exposes, reflecting our innermost desires and past experiences. From clean under-clothing resisting carnal urges to the protective embrace of fabric, this book illuminates the profound, often hidden, stories told by the garments beneath our outer layers. It rewards the reader with historical insights into both women’s and men’s underwear, and global cultures of dress.


Unravels the intimate narratives woven into the fabric of our most personal garments

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Myths, Muses and Mortals
The Way of Life in Ancient Greece
William Furley

‘An engaging book which approaches the ancient Greek world from an interesting and fresh point of view.’ – Jan Haywood, Lecturer in Ancient History, University of Leicester

Myths, Muses and Mortals gives new insight into a multitude of life experiences in ancient Greece. The book introduces the lives of the ancient Greeks through extracts taken from a range of sources, including poems, plays, novels, histories, lawsuits, inscriptions and private note-tablets. The voices speak for themselves in fresh translation, but in addition William Furley gives the narratives historical context and illuminates the literary genres in which they appear. The texts are grouped around important areas of life – love relations, travel and trade, social status, divine signs, daily events, warfare, philosophies, dress code, and private and public celebration – giving voice to the variety of lives experienced by the citizens of ancient Greece and an insight into the Greek mind.

William Furley is Emeritus Professor of Greek at Heidelberg University and Research Fellow at the Institute of Classical Studies, London. His publications include Greek Hymns (2001) and three editions of plays by Menander: Epitrepontes (2009), Perikeiromene (2015) and Misoumenos (2021).
The Medieval Scriptorium
Making Books in the Middle Ages
Sara J. Charles

‘From squirrel hair brushes to scripts, Sara J. Charles offers a comprehensive and engagingly accessible introduction to medieval book production. At times strikingly imaginative in form, this book brings together creative vignettes, intermittent chronologies, illustrations and lucid prose to trace the contours of manuscript making in this period.’ – Hannah Ryley, author of Re-Using Manuscripts in Late Medieval England

This book takes the reader on an immersive journey through medieval manuscript production in the Latin Christian world. Each chapter opens with a lively vignette by a medieval narrator – including a parchment-maker, scribe and illuminator – introducing various aspects of manuscript production. Sara J. Charles poses the question ‘What actually is a scriptorium?’, and explores the development of the medieval scriptorium from its early Christian beginnings through to its eventual decline and the growth of the printing press. With the written word at the very heart of the Christian monastic movement, we see the immense amount of labour, planning and networks needed to produce each individual manuscript. By tapping into these processes and procedures, we can experience medieval life through the lens of a manuscript maker.

Sara J. Charles works and studies at Senate House, University of London. She has previously published on various aspects of the history of the book.

An immersive, beautifully illustrated journey through medieval manuscript production

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Chequered Past, Uncertain Future
The History of Pakistan
Tahir Kamran

This book takes us on a sweeping journey through the ebbs and flows of Pakistan’s history, from the ancient Indus Valley Civilization to contemporary times. The book uncovers influences from Turkey, Persia, Arabia and Britain that have shaped Pakistan, as well as showcasing the region’s diverse, rich tapestry of peoples and its pluralistic, multicultural society. The book also describes the post-1947 shift – following the partition of India and the establishment of the Islamic Republic of Pakistan – as the country became more religiously conservative and autocratic, intensifying sectarian and ethnic divisions. For most of its history, the people of Pakistan have found themselves under the control of military dictators who suppress civil liberties and freedom of speech and action – a trend that persists today.

Tahir Kamran is Head of the Department of the Liberal Arts at Beaconhouse National University, Lahore, Director of the Khaldunia Centre for Historical Research and the editor of the Pakistan Journal of Historical Studies. His books include Colonial Lahore: A History of the City and Beyond (with Ian Talbot, 2017).
‘A Seditious and Sinister Tribe’
*The Crimean Tatars and Their Khanate*
Donald Rayfield

The Crimean Tatars were Turkic-speaking native peoples of Crimea who established a powerful khanate in the 1440s, which remained in power until 1783. In this, the first history in English for over a hundred years, eminent scholar Donald Rayfield shows that this misunderstood and much-feared nation was in fact a flourishing state with a vibrant literary culture, religious tolerance, a sophisticated constitution and a prosperous economy.

Rayfield’s book describes the establishment of the khanate, its reign and its eventual fall, concluding with a vivid portrayal of the Tatars’ ruthless suppression – first by Russia and then the Soviet Union – and the final, effectively genocidal, invasion under Vladimir Putin. This vibrant and ultimately tragic chronicle is essential reading for anyone interested in the background to the current war in Ukraine.

Donald Rayfield is Emeritus Professor of Russian and Georgian at Queen Mary University of London. His books include *Anton Chekhov: A Life* (2nd edn, 2021) and *Edge of Empires: A History of Georgia* (Reaktion, 2012), which was translated into Russian and Georgian.
England’s Green
Nature and Culture since the 1960s
David Matless

England’s Green explores how environmental concerns have shaped and reflected English national identity since the 1960s. David Matless covers themes including agriculture, nature, leisure, climate change, the Anthropocene, the folkloric, the archaeological and the mystical. He also shows how national environmental debates connect to the local, the regional, the global and the postcolonial.

Moving across a breadth of source material from government policy to popular music, ecological polemic to television comedy, England’s Green shows the richness and complexity of English environmental culture. Matless uncovers the genealogies of today’s debates over climate and nature, land and culture, showing how twenty-first-century concerns and anxieties have been moulded by events over the past sixty years.

David Matless is Professor of Cultural Geography at the University of Nottingham. His books include Landscape and Englishness (revised edn, 2016) and About England (2023), both published by Reaktion Books, as well as In the Nature of Landscape: Cultural Geography on the Norfolk Broads (2014).
The English Table
Our Food through the Ages
Jill Norman

‘The English Table is an account of the continuity and change in the English diet over centuries that includes a brilliant assembly of carefully chosen recipes. Jill Norman navigates both the history of food and the practical and sensory qualities of recipes with equal flair and authority.’ – Bee Wilson, author of The Secret of Cooking: Recipes for an Easier Life in the Kitchen

The English Table is a delectable journey through the culinary history of England, from ancient times to the present day. The book sheds light on the evolution of English cuisine, which essentially was the food of the rich – the poor had to manage as best they could until the twentieth century. Unveiling the secrets hidden in period cookery books, from the earliest-known scroll of recipes – the fourteenth-century Forme of Cury – to modern classics such as Jane Grigson’s English Food, each chapter is a culinary time capsule. Enriched with historical context, the book features carefully curated recipes from each era, offering a mouth-watering glimpse into the flavours that have shaped English culinary heritage.

This book illuminates the glittering history of fireworks, from their mysterious beginnings to the dazzling big-budget displays of today. It describes how they enthralled the world’s royal courts and became a sensation across the British Empire. There are stories of innovations like ‘living fireworks’, fiercely fought international competitions and the technology behind modern showpieces viewed by millions. Practitioners say fireworks are an art, and they have inspired artists from Shakespeare, Handel, Dickens and Whistler to Katy Perry. But Withington also covers fireworks’ practical uses – rescues at sea, attempts to control the weather – while not ignoring their dangers, accidents or efforts to make them safer.

John Withington is an award-winning television journalist based in London. His books include Assassins’ Deeds (2020) and Secrets of the Centenarians (2017), both published by Reaktion Books.
Cosplay and the Dressing of Identity
Vivian Asimos

Cosplay, born from the fusion of ‘costume’ and ‘play’, transcends mere dress-up by transforming enthusiasts of TV shows, movies, books or video games into living embodiments of their cherished characters. This book is a close exploration of the vibrant world of cosplay, showing what makes it so captivating for so many.

Vivian Asimos frames cosplay as an enactment and embodiment of mythology, revealing its inherent complexity and providing valuable insight into cosplayers’ experiences. Exploring cosplay performances, the skills involved and the cosplay community, she shows not only how cosplayers build a strong connection to the characters and stories they treasure but ultimately how they are constructing their own identities.

Vivian Asimos lives in Salisbury, UK, and is the author of Digital Monsters (2020) and Digital Mythology and the Internet’s Monster: The Slender Man (2021). She explores nerd culture and fandom in her podcast I’m a Fan of That!
Creator of Nightmares

*Henry Fuseli’s Art and Life*

Christopher Baker

Henry Fuseli (1741–1825) was one of the eighteenth century’s most provocative and inventive artists. He is best known for his painting *The Nightmare*, which created a new form of terrifying gothic imagery for the Romantic age. Christopher Baker’s engaging study of the artist’s career unveils Fuseli’s complexities, navigating contradictions between literary and painted works, sacred and secular themes, and traditional patronage versus the new era of competitive exhibitions and intense criticism. Plotting Fuseli’s trajectory from Zurich to Paris, Rome and ultimately London, where he secured long-lasting fame, the artist is revealed as an astute publicity seeker and self-proclaimed genius who transformed himself from a priest to an Enlightenment writer, a ‘mad’ mercurial force in the art world, and finally a revered teacher.

Christopher Baker is Editor of *The Burlington Magazine* and an Honorary Professor at the University of Edinburgh. He was previously a Director at the National Galleries of Scotland and has published and lectured widely on eighteenth- and nineteenth-century British and European art.

An engaging study of the provocative and inventive artist

Henry Fuseli
Off the Ground

Paul McCartney in the 1990s

JR Moores

Paul McCartney’s 1990s was an era like no other, perhaps even the most significant decade of his entire career after the 1960s. Following a shakier 1980s, the decade would see McCartney re-emerge with greater energy, momentum and self-belief. JR Moores’s sympathetic but not uncritical new book explores this decade of McCartney’s work, with its impressive studio and live albums, colossal tours, unexpected side projects and imaginative collaborations, forays into classical composition, new Beatles numbers and a whole lot more besides.

Moores reveals how McCartney’s reputation began to be perceived more generously by the public, and argues that Macca’s output and activities in the 1990s were to uncover more about the person behind them than any other decade.

JR Moores is resident psych-rock columnist for both The Quietus and Record Collector, and his work has also appeared in The Wire, The Guardian, Bandcamp Daily and Vice. He is the author of Electric Wizards: A Tapestry of Heavy Music, 1968 to the Present (Reaktion, 2021).
Playgrounds
*The Experimental Years*
Ben Highmore

In the decades following 1945 a new kind of playground emerged in Northern Europe and North America. Rather than slides, swings and roundabouts, the new playgrounds encouraged children to build shacks and invent their own entertainment. This book tells the story of how bombsites and waste ground were transformed into hives of activity by children and progressive educationalists. It shows how a belief in the imaginative capacity of children shaped a new kind of playground, and how designers and landscape architects reimagined what playgrounds could be.

*Playgrounds* tells a compelling story of pioneers, designers, charities and support structures – and the value of play. Today, as we face unparalleled challenges, the enormous social ambition of these spaces is also an inspiring object lesson.

Ben Highmore is Professor of Cultural Studies at the University of Sussex. His is the author of *The Art of Brutalism: Rescuing Hope from Catastrophe in 1950s Britain* (2017) and *Lifestyle Revolution: How Taste Changed Class in Late 20th-Century Britain* (2023).
Readers for Life
How Reading and Listening in Childhood Shapes Us
Edited by Sander L. Gilman and Heta Pyrhönen

Readers for Life is a collection of essays, in the main specially commissioned, by fiction authors and literary scholars who reflect on their child or adolescent memories of reading. The essays explore how the act of reading shapes an individual, from their formative years into adulthood and beyond. Instead of focusing on reading as an act of escapism, or mere literacy, these writings celebrate reading as a lifelong, joyful experience that intertwines past and present. By revealing our diverse reading histories, the collection fosters awareness of the profound impact of reading on a person’s development and offers readers insights that will enrich their own literary experiences.


Sander L. Gilman is Distinguished Professor Emeritus of the Liberal Arts and Sciences as well as Emeritus Professor of Psychiatry at Emory University. A cultural and literary historian, he is the author or editor of more than one hundred books, including Stand Up Straight! A History of Posture (Reaktion, 2018).

Heta Pyrhönen is Professor of Comparative Literature at the University of Helsinki. She is the author or editor of many books, including Reading Today (2018).
Carol Mavor’s first ‘happy accident’ occurred in 1980 when visiting New York’s Serendipity 3, a dessert café favoured by Andy Warhol. Mavor’s memory of eating a frozen hot chocolate became food for thought, nurturing accidental discoveries about art and literature.

The book’s happy yet dark accidents include Anne Frank’s journal, discovered in the Secret Annex after the Second World War; Emily Dickinson’s poems, scribbled on salvaged envelopes and hidden in a drawer; and Lolita, rescued from incineration by Vladimir Nabokov’s wife Véra.

Mavor’s writing is dependent on serendipity’s layers of happenstance, rousing feelings of something that she did not exactly know she was looking for until she found it. All history is about loss, and in the case of this book much of it is tragic – but Serendipity also offers the happiness that can be found in unexpected discoveries.

Carol Mavor is Professor of Art History and Visual Culture at the University of Manchester. She has published widely on photography, cinema, colour and childhood. Her books include Aurelia: Art and Literature Through the Mouth of the Fairy Tale (Reaktion, 2017).
In this groundbreaking exploration, Gill Perry looks at the vital role that islands play in contemporary visual arts. Responding to urgent issues such as migration, the climate emergency, and colonial and gendered histories, artists create compelling and provocative works that resonate across continents and colonial archipelagos. Perry navigates landscapes of the British Isles, Ireland, the Caribbean, Pacific Oceania and the Galápagos, drawing on desert island myths and insights from island studies. From the 1970s to the present, she illuminates imaginative representations in installation, multimedia and film projects by renowned artists such as Robert Smithson, Lisa Reihana, Roni Horn, Rodney Graham, Tacita Dean and Cornelia Parker. Rich with diverse perspectives, this book offers a profound journey through the artistic exploration of islands.

Gill Perry is Professor of Art History at the Open University, uk. Her books include Women Artists and the Parisian Avant-Garde (1995), Spectacular Flirtations: Viewing the Actress in British Art and Theatre, 1768–1820 (2007) and Themes in Contemporary Art (co-editor, 2004).
In this thought-provoking new work, historian Justin M. Jacobs challenges the widely accepted belief that much of Western museums’ treasures were acquired by imperialist plunder and theft. The account re-examines the allegedly immoral provenance of Western collections, advocating for a nuanced understanding of how artefacts reached Western shores. Jacobs examines the perspectives of Chinese, Egyptian and other participants in the global antiquities trade over the past two and a half centuries, revealing that Western collectors were often willingly embraced by locals. This collaborative dynamic, largely ignored by contemporary museum critics, unfolds a narrative of hope and promise for a brighter, more equitable future – a compelling reassessment of one of the institutional pillars of the Enlightenment.

Justin M. Jacobs is Professor of History at American University, Washington, dc. His books include The Compensations of Plunder: How China Lost Its Treasures (2020).
When we look at trees we see architecture and, since time immemorial, we’ve exploited trees to make our own buildings. But while a tree creates its own structure, we generally destroy other things to build, with increasingly disastrous consequences.

Looking closely at how elements of plants – seeds, roots, trunks, branches, leaves, flowers and canopies – relate to buildings, this book asks what might be required to design with plants and become more attuned to vegetal life in our structures. It also proposes that we build as much for plants as for ourselves, understanding that our lives are always totally dependent on theirs. *Botanical Architecture* offers a provocative and original take on the relationship between ecology and architecture.

Paul Dobraszczyk is an architectural writer and a lecturer at the Bartlett School of Architecture, London. His books include *Future Cities* (2019) and *Animal Architecture* (2023), both published by Reaktion Books, as well as *Architecture and Anarchism* (2021).
To the untrained eye there’s nothing as unexciting as tofu, normally regarded as a tasteless, beige, congealed mass of crushed, boiled soybeans. However, tofu more than stands up on its own. Reviled for decades as a vegetarian oddity, the brave, wobbly block has made a comeback.

This global history of bean curd stretches from ancient creation myths and tomb paintings, via Chinese poetry and Japanese Buddhist cuisine, to deportations in Soviet Russia and struggles for power on the African continent. It describes the potentially non-Chinese roots of tofu, its myriad types, why ‘eating tofu’ is an insult in Cantonese, and its environmental impact today.

Warning: this book actually makes tofu exciting. It’s anything but bland.

Russell Thomas is an author and journalist currently based in Tokyo. His writing has appeared in the Japan Times, The Guardian and the South China Morning Post, among others.
A Philosophy of Hope
Lars Svendsen

In this book Lars Svendsen embarks on a profound exploration of the nature of hope, asking what exactly hope is and how it differs from related phenomena such as wishful thinking. He argues that hope is rooted in the ability to shape one's own future, crucial for a society built on freedom instead of fear. Svendsen highlights hope's vital role in giving life meaning and its intimate connection to identity. He shows that, while hope cannot magically transform the world, it can empower individuals to focus on achievable goals rather than pressing challenges. Ultimately, the book demonstrates the capacity of hope to propel both individuals and the world in a positive direction.

Lars Svendsen is Professor of Philosophy at the University of Bergen, Norway. He has written fourteen books, including A Philosophy of Fear (2008), A Philosophy of Loneliness (2017) and A Philosophy of Lying (2022), all published by Reaktion Books.
This concise biography of Dylan Thomas incorporates the most recent research, challenging the legend of the dissolute bard to reveal a diligent, professional writer, author of some of the century’s greatest lyric poetry as well as short stories, film scripts, letters and what is commonly agreed to be the greatest radio feature ever broadcast, *Under Milk Wood*. Thomas is viewed primarily through the lens of his writing, and his hybrid Anglo-Welsh origins are shown to be the source of his daring stylistic inventiveness. His work is set in its historical, cultural and social contexts – Depression-era Wales and 1930s literary London, Surrealism, the rise of fascism, the Second World War and the Blitz, and the Cold War – charting the path towards his final works, which offer a unique fusion of high art and popular culture.

John Goodby is Professor of Arts and Culture at Sheffield Hallam University. The leading authority on Dylan Thomas, he has written extensively on the poet’s work and edited his *Collected Poems* (2014).

Chris Wigginton is Pro Vice-Chancellor of Sheffield Hallam University. His books include *Modernism from the Margins: The 1930s Poetry of Louis MacNeice and Dylan Thomas* (2007).
As a young man, Fernando Pessoa wrote, ‘be plural like the universe.’ Staying true to this, he went on to invent over a hundred fictional alter-egos, which he called heteronyms. This philosophical biography navigates Pessoa’s early days in Lisbon and South Africa, reveals a philosopher-poet and pioneer of Portuguese modernism, and delves into the birth of Pessoa’s heteronymic universe. Bartholomew Ryan describes Pessoa’s writings on evolving radical politics, his ventures into esoteric realms and his expertise in astrology. The book unravels Pessoa’s real and imaginary relationships and explores his unfinished prose masterpiece, *The Book of Disquiet*. Pessoa’s revolutionary concepts of identity and self-multiplicity have become more widely accessible and relatable today due to their increasing occurrence in modern society. This is a compelling, timely exploration of Pessoa’s profound, innovative ideas.

Bartholomew Ryan is a philosopher, musician and researcher based at iFILNOVA, New University of Lisbon, Portugal. His books include the co-edited *Fernando Pessoa and Philosophy: Countless Lives Inhabit Us* (2021).
This absorbing, wide-ranging and incisive biography unfolds the life and work of the much-loved twentieth-century composer Sergei Prokofiev, revealing a surprisingly optimistic spirit amid a tumultuous backdrop of geopolitical chaos and ever-shifting musical landscapes. The narrative weaves through Prokofiev’s intricate existence, depicting a life coloured by pathos and intersecting with a myriad of characters. Christina Guillaumier breathes life into the people and landscapes that shaped Prokofiev’s journey, capturing the unwavering passion of a musical genius whose love for his craft transcended all barriers. This new account is a vivid portrait of resilience, offering a fresh perspective on Prokofiev’s indomitable spirit.

Christina Guillaumier is Research Fellow and Reader in Music and Cultural Practice at the Royal College of Music, London, a Fellow of the Royal Society of Arts and a Senior Fellow of the Higher Education Academy. Her books include *The Operas of Sergei Prokofiev* (2020).
This book is a fascinating exploration of mosses and lichens, celebrating the extraordinary biology, beauty and resilience of these unassuming organisms. Endowed with unique superpowers, from enduring desiccation to thriving in extreme habitats, mosses and lichens defy easy categorization. Mosses, integral to the plant kingdom, and lichens, a kingdom unto themselves, colonize a great variety of landscapes, from rainforests to deserts and urban pavements. Neglected in the past for their lack of flowers, these organisms now garner recognition for their significant role in maintaining the health of our world’s ecosystem. Elizabeth Lawson’s book shows how they shape landscapes, prevent erosion and sequester carbon, and surveys the biologists, artists and writers who celebrate their importance. *Moss and Lichen* inspires a newfound appreciation for these unsung heroes of the natural world.

Elizabeth Lawson is a naturalist, writer and lecturer specializing in horticulture and natural history. A resident of New York, Elizabeth is a former president of the American Primrose Society. Her books include *Primrose* in Reaktion’s Botanical series (2019).
Weeds
Nina Edwards

‘The very word has gardeners bristling with hostility, but this book regards those tenacious members of the plant family discerningly.’ – Gardens Illustrated, Favourite Books of 2015

‘Reading Nina Edwards’ entertaining account of their place in our fields, cities, art and even diet gave me a new respect for these resilient plants.’ – bbc Wildlife Magazine

‘Weeds makes you think about our combat with plants, always one step ahead, without sentiment.’ – Sunday Telegraph

To most of us, weeds can seem nothing more than intruders in gardens, farms and city streets. But the idea of the weed is a slippery one, constantly changing according to different needs, fashions and contexts. In a well-ordered field of corn, a scarlet poppy is a bright red intruder, but in other parts of the world it is an important cultural symbol, a potent and lucrative pharmaceutical source, or simply a beautiful ornament. Fat hen, which today we consider a pest, was in Neolithic times a staple crop, its seeds an important source of nutrition. Weeds sketches the history of the fashions and attitudes that have shaped our fields and gardens, showing that what we keep out of them is just as fascinating as what we put in.

Bamboo
Susanne Lucas

‘This book is both a celebration and exploration into the impact this ancient plant has had on our world. From its early beginnings to the diverse roles bamboo has played in food, horticulture, navigation and architecture, the author takes us on a delightful journey through bamboo’s majestic history.’
– The Garden (RHS)

‘The book’s perspective on bamboo is very wide-ranging, from its botany to its uses, history and cultural associations . . . Particularly exciting is the discussion of the vast range of contemporary technical uses.’ – Gardens Illustrated

Bamboo has an unparalleled history; it is very old, and at the same time very new. Bamboo plays a vital role in the survival of many animals and ecosystems as well as having unique characteristics that offer potential solutions to modern ecological dilemmas – it grows extremely quickly, for example, making it an easily renewable resource. With the advent of modern research and technologies, the use of bamboo has increased dramatically – it competes with hardwoods as home flooring and can be found in the skins of aircraft and as concrete reinforcements. This book draws on a vast array of sources to build a complete picture of bamboo in both history and our modern world.

Susanne Lucas is Executive Director of the World Bamboo Organization and a horticulturist, designer, landscape gardener and consultant based in Plymouth, Massachusetts.
Endgame

Economic Nationalism and Global Decline

Jamie Merchant

Globalization as we know it is over. Industrial policies dismissed as obsolete for decades have been embraced by governments worldwide, geopolitical tensions are reminiscent of those at the height of the Cold War, and a resurgent far right challenges the very foundations of contemporary democracy.

In this book Jamie Merchant examines the roots of this significant shift in the global landscape, reaching further back than the commonly blamed failures post-Cold War. Instead, reviewing the global economy over the entire previous century, he shows that the great political and economic changes of the last decade are due not to a failed ideology of globalization but to the long-term decay of the modern, market-based economic order. *Endgame* offers a historical perspective on the period of globalization, illuminating the future path of the global economy and world politics.

Jamie Merchant lives in Chicago. His writing has appeared in many publications, including the *Brooklyn Rail*, *The Baffler*, *The Nation* and *In These Times*, and focuses on political economy and politics.
Cuckoo
Cynthia Chris

The cuckoo is a peculiar bird – from the otherworldly ‘Cloud Cuckoo Land’ in Aristophanes’ play The Birds to Sonny, the animated cuckoo used in General Mills’ cereal adverts since 1962, it has long symbolized exuberance or foolishness. At the same time, the common cuckoo is a harbinger of spring so reliable that it is used to mark time in the cuckoo clock. But that’s not all the cuckoo stands for. Females of some cuckoo species deposit their eggs in the nests of other birds, a curious behaviour that has inspired many a myth and metaphor. This enlightening, entertaining book explores the natural history of the cuckoo, its cultural meanings and the stories we tell about these fascinating birds.

Cynthia Chris is Professor in the Department of Media Culture at the College of Staten Island, City University of New York. Her previous books include The Indecent Screen: Regulating Television in the Twenty-First Century (2018) and Crab (Animal series, Reaktion, 2021).
Mango

A Global History

Constance L. Kirker and Mary Newman

This beautifully illustrated book takes us on a tour through the rich world of mangoes, which inspire fervent devotion across the world. In South Asia, mangoes boast a history steeped in Hindu and Buddhist mythology, even earning a mention in the Kama Sutra. Beyond myth, mangoes hold literary significance as a potent metaphor. While mango-flavoured smoothies grace Western shelves, the true essence of sweet, juicy mangoes or tangy, unripe varieties is a rarity: supermarket offerings often prioritize shelf-life over taste. True mango aficionados savour the sensory delight of over a thousand vibrant varieties, relishing diverse colours, flavours from sweet to sour, textures and fragrances.

Constance L. Kirker is a retired Pennsylvania State University Professor of Art History and an avid gardener and foodie. Mary Newman has taught environmental health at Ohio University and the University of Malta. Together, they are co-authors of Edible Flowers and Coconut (2016 and 2022, Edible series) and Cherry (2021, Botanical series), all published by Reaktion Books.

A beautifully illustrated tour through the rich world of mangoes
Robert Hooke was England’s first professional scientist and a pioneer in the field of science communication. He was also one of the few early scientists to leave a detailed manual describing how others could follow his lead and become ‘experimental philosophers’ themselves. This new biography takes Hooke’s scientific method as its starting point, exploring what Hooke himself saw as the key aspects of a scientific life. It follows Hooke through the shops of instrument makers and craftsmen, into coffee-houses and bookshops, onto building sites and into the king’s audience chamber at Whitehall Palace. It uses new evidence to explain how Hooke’s observations and conversations with workmen, philosophical colleagues, craftsmen and London’s wealthy elite underpinned his scientific research in unexpected but significant ways. Hooke emerges as a champion of the mundane, whose greatest gift was to see the potential for new knowledge in the least promising aspects of everyday life.

Felicity Henderson is Senior Lecturer in Archives and Material Culture at the University of Exeter. She has published widely on Robert Hooke and the early Royal Society and is currently preparing a new edition of Hooke’s diaries for Oxford University Press.
Botticelli

*Artist and Designer*

Ana Debenedetti

‘The great merit of this book is to re-contextualise Botticelli’s personality and oeuvre in his social and cultural milieu in a lively and captivating narrative, providing the reader with a detailed account of the latest scholarship on the subject with ease and clarity.’ – Alessandro Cecchi, art historian, director of the Casa Buonarroti Foundation and author of *Botticelli* (2005)

In this vivid account Ana Debenedetti examines the life and work of Renaissance artist Sandro Botticelli through the lens of the organization of his workshop and the commercial strategies he devised to make his way in the very competitive art market in Florence. She looks at the remarkable career of this pivotal artist and his production with fresh eyes, presenting the analysis within the wider context of Florentine society and culture. Many of Botticelli’s most celebrated works, such as *The Birth of Venus*, are evaluated alongside less familiar forms such as tapestry and embroidery, showing the wide breadth of the artist’s oeuvre and his talent as a designer across media.

Ana Debenedetti is Director of the Bemberg Foundation (Toulouse, France) and former Curator of Paintings at the Victoria and Albert Museum. She has published on Renaissance art, philosophy and poetry.
Archimedes
*Fulcrum of Science*
Nicholas Nicastro

‘Nick Nicastro gives us an engaging account of the life and legacy of Archimedes of Syracuse, renowned in antiquity and later for his work as a mathematician and engineer. Nicastro presents Archimedes’ ideas and achievements with admirable clarity, set within the context of his time and place.’ – Liba Taub, Director and Curator of the Whipple Museum of the History of Science, Cambridge

Galileo, Leonardo, Newton, Tesla – all revered him. As an engineer, Archimedes of Syracuse almost single-handedly held off the world’s most powerful army. In an era of abacuses and sundials, he designed geared calculating devices that accurately modelled the solar system. As a mathematician, he knew more in 212 BCE than all of Europe for the next seventeen centuries. In this bold reimagining, modern polymath Nicholas Nicastro shines new light on Archimedes’ life and work. Far from the aloof, physically inept figure of historical myth, he is revealed to be an ambitious, combative and fiercely competitive man. A genius who challenged an empire, Archimedes emerges as the world’s first fully modern scientist – millennia before his intellectual descendants transformed our world.

Nicholas Nicastro has taught history, anthropology and psychology at Cornell University and Hobart and William Smith Colleges. His books include *Circumference: Eratosthenes and the Ancient Quest to Measure the Globe* (2008) and he has written for the *New York Times*, the *New York Observer* and *Archaeology*.

A bold reimagining of the life and work of Archimedes of Syracuse

GREAT LIVES OF THE ANCIENT WORLD
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Plato is a key figure from the beginnings of Western philosophy, yet the impact of his lived experience on his thought has rarely been explored. Plato lived in turbulent times, born during a war that led to Athens’ defeat and decline. A restored democracy enabled the execution of his teacher Socrates.

Carol Atack explores how his life in Athens influenced Plato’s thinking, how he developed the Socratic dialogue into a powerful philosophical tool and how he used the institutions of Athenian society to create a compelling imaginative world. Accessibly written, this book shows how Plato made Athens the place where diverse ideas were integrated into a new way of approaching big questions about existence and the societies we create, then and now.

Carol Atack is a Fellow of Newnham College, University of Cambridge, where she teaches classical Greek and ancient philosophy. She is the author of The Discourse of Kingship in Classical Greece (2019) and Anachronism and Antiquity (with Tim Rood and Tom Phillips, 2020).
The art of falconry was one of the most fascinating aspects of medieval society. For medieval people, falconry was not just about hunting, but encapsulated sovereignty, power and diplomacy. Falconry was global from its very beginning: Holy Roman Emperor Frederick II hired falconers from far and wide to carry out his ‘art of hunting with birds’. This book describes and assesses the visual culture of falconry, tracking how images, traditions and the birds of prey themselves spread throughout the medieval world, along with equipment such as hoods and lures. This beautifully illustrated account shows how different cultures impacted the visual culture of medieval falconry, both in the East and West.

Yannis Hadjinicolaou is Assistant Professor at the Institute of Art History, University of Bonn. He has published widely on the art and theory of the early modern period, including Thinking Bodies – Shaping Hands: ‘Handeling’ in Art and Theory of the Late Rembrandtists (2019).
A vivid account of Marco Polo’s astounding, continent-spanning adventures

Aged seventeen, Marco Polo left his home in Venice on a continent-spanning adventure that lasted for nearly a quarter of a century. Imprisoned in Genoa five years later, he collaborated with Arthurian romance writer Rustichello of Pisa on a work they called *The Description of the World*. Their book recounted ‘all the greatest marvels and great diversities of Greater Armenia, Persia, the Tartars, India, and many other provinces’. In *Marco Polo and His World* Sharon Kinoshita brings these marvels to life, describing the rich commodities, plants, people and animals that Marco encountered and recorded. Copiously illustrated, and ranging from Venice, Genoa and Pisa to Khanbaliq, Quinsai and Zaytun, this is a vivid account of Marco Polo’s astounding adventures.

Sharon Kinoshita is Professor of Literature at the University of California, Santa Cruz, specializing in medieval French literature, Mediterranean studies and the global Middle Ages. Her publications include an annotated translation of Marco Polo’s *Description of the World* (2016).
The Troubadours
Linda M. Paterson

‘[An] up-to-date [exploration of medieval lyric production] by one of the most distinguished scholars of troubadour poetry.’
– Francesco Carapezza, Professor of Romance Philology and Linguistics, University of Palermo

‘This fascinating, erudite book is an ideal guide to the troubadours.’
– Miranda Griffin, Associate Professor of Medieval French, University of Cambridge, and Fellow and Director of Studies, Murray Edwards College

Composing songs of love and war in medieval Western and Southern Europe, troubadours spanned the social spectrum from kings and nobles to penniless minstrels. This book tells the story of the lives and art of these remarkable poet-musicians, famed for their brilliant, innovative use of words and music, and the emotional power of their compositions. The troubadours’ songs explored new ideas of love – the infamous ‘courtly love’ – as well as medieval perceptions of gender, class, war, chivalry, religion and the Crusades. Linda Paterson examines the troubadours’ music and performance, as well as their legacy, balancing insightful quotations in English translation with the original texts to highlight the forms and sounds of the poetry.

Linda M. Paterson is Professor Emerita at the University of Warwick and has published widely on the troubadours and the crusades. Her books include Singing the Crusades: French and Occitan Lyric Responses to the Crusading Movements, 1137–1336 (2018).

From royalty to minstrels, troubadours sang of medieval love, war and society

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At the height of its power around 660 BC, the Assyrian Empire, centred in northern Iraq, wielded dominance from Egypt to Iran. This vast region was ruled by a series of kings who showcased their power by constructing magnificent palaces adorned with superb sculptures depicting royal rituals, battles and hunts. Established by military might, the empire thrived under administrators who relocated tens of thousands of people to serve the state, and scholars who interpreted divine will. This book relates the history of Assyria through the lens of its royal family and the officials who commissioned its superb buildings, art and literature, and laid the foundations for the later empires of Babylon and Persia.

Paul Collins is Keeper of the Middle East Department at the British Museum. Specializing in the art and archaeology of Mesopotamia and Iran, his books include *Mountains and Lowlands: Ancient Iran and Mesopotamia* (2016) and *The Sumerians* (Reaktion, 2021).
The Phoenicians
Lost Civilizations
Vadim S. Jigoulov

‘Firmly grounded in material and written records and incorporating the latest discoveries and perspectives, Jigoulov offers a compelling and accessible view of Phoenician culture, one that brings us closer to understanding this much influential and resilient Mediterranean civilization.’ – Carolina López-Ruiz, Professor, University of Chicago Divinity School

‘A clear, up-to-date and balanced assessment of one of the less known great civilisations of the past.’
– AlexanderAdamsArt.com

The Phoenicians is a fascinating exploration of this much-mythologized people: their history, artistic heritage and the scope of their maritime and colonizing activities in the Mediterranean.

Vadim S. Jigoulov describes and analyses various artefacts (epigraphic, numismatic and material remains) and considers how historians have derived information about a people with little surviving literature. This includes a critical look at classical, Near Eastern and biblical primary texts, the relationship between the Phoenician and Punic worlds, Phoenician interactions with the Greeks and others, and the repurposing of Phoenician heritage in modernity. Detailed and engrossing, The Phoenicians casts new light on this most enigmatic of civilizations.

Vadim S. Jigoulov is a Lecturer at Morgan State University and the Maryland Institute College of Art in Baltimore. He is the author of The Social History of Achaemenid Phoenicia (2014).
The Barbarians
Lost Civilizations
Peter Bogucki

Winner of the Felicia A. Holton Book Award 2020, Archaeological Institute of America
Winner of the Popular Book Prize 2018, Society for American Archaeology

‘The Vandals did vandalize Rome, but were the barbarians truly barbarous? This is the question asked by Peter Bogucki in his new book The Barbarians, a thought-provoking, highly readable addition to Reaktion’s always interesting Lost Civilizations series.’ – Minerva

‘A beautifully bound and illustrated work of approachable scholarship.’ – Ancient History Encyclopedia

Beginning in the Stone Age and continuing through the collapse of the Roman Empire, The Barbarians describes the complexity, technological accomplishments and distinctive practices of peoples who entered recorded history very late, mainly through second-hand accounts. Their story, known almost exclusively through archaeological finds of settlements, offerings, monuments and burials, is as compelling as that of the great literate, urban civilizations. Peter Bogucki highlights important discoveries and considers the rich and varied legacy of ancient societies left to us today.

Peter Bogucki serves as the Associate Dean for Undergraduate Affairs of the School of Engineering and Applied Science at Princeton University. He is the author of The Origins of Human Society (1999) and co-editor of Ancient Europe: An Encyclopedia of the Barbarian World (2003).
A Short History of Tomb-Raiding
The Epic Hunt for Egypt’s Treasures
Maria Golia

‘Compulsively readable . . . [a] marvellous and colourful history of treasure-seekers old and new.’ – Daily Mail

‘Maria Golia is a deeply informed chronicler of Egypt ancient and modern, and this is a panoramic and gloriously illustrated survey of its fabled secrets, treasures and wonders.’ – Mike Jay, author and cultural historian

‘A lively and fascinating tour through the underbelly of Egyptian antiquities.’ – Literary Review

‘A fascinating and at times poignant look at illegal treasure-hunting in Egypt today.’ – TLS

To secure a comfortable afterlife, ancient Egyptians built fortress-like tombs and filled them with precious goods, a practice that generated staggering quantities of artefacts over the course of many millennia, but one which has also drawn thieves and tomb-raiders to Egypt since antiquity.

Drawing on modern scholarship, reportage and period sources, this book tracks the history of treasure-seekers in Egypt and the social contexts in which they operated, revealing striking continuities throughout time, from the foibles of today’s politicians and con artists to the perils of materialism, and dissent in the face of injustice.

Maria Golia is the author of critically acclaimed non-fiction, including Cairo: City of Sand (2004), Photography and Egypt (2009) and Ornette Coleman: The Territory and the Adventure (2020), all published by Reaktion.
Merpeople
A Human History
Vaughn Scribner

‘Whether you fancy a quick dip or a marathon swim, this is a delightful book to splash around in, a gloriously illustrated and meticulously researched study of our closest aquatic relatives.’ – Patricia Fara, Literary Review

‘Deeply researched, engaging, and beautiful, too. Tritons and mermaids, from gorgeous to grotesque, greet readers on nearly every page.’ – History

‘Scribner doesn’t always dare to speculate as to why merpeople have always mattered to us, but his book points to a thousand curious places to find them. It’s worth a dip.’ – TLS

Merpeople have fascinated us since ancient times. From the sirens of Homer’s Odyssey to Hans Christian Andersen’s The Little Mermaid and the film Splash (1984), myths, stories and legends of half-human, half-fish creatures abound. Vaughn Scribner traces the long history of mermaids and mermen, taking in a wide variety of sources. From film to philosophy, church halls to coffee-houses, ancient myth to modern science, he shows that mermaids and tritons are – and always have been – everywhere.

Vaughn Scribner is Associate Professor of History at the University of Central Arkansas. He is the author of Inn Civility: Urban Taverns and Early American Civil Society (2019).
Out of the Depths
A History of Shipwrecks
Alan G. Jamieson

‘Alan Jamieson’s sweeping narrative offers a detailed and fascinating view of this vast undersea museum, and the stories that the wrecks in those often-inaccessible depths offer to modern generations.’ – James P. Delgado, archaeologist, explorer and author of War at Sea: A Shipwrecked History

‘If you are interested in the study of shipwrecks, this book serves as an excellent starting point and comprehensive overview.’ – Vic Mastone, former Director and Chief Archaeologist for the Massachusetts Board of Underwater Archaeological Resources

Out of the Depths explores all aspects of shipwrecks across 4,000 years, examining their historical context and significance, and showing how shipwrecks can be time capsules, shedding new light on long-departed societies and civilizations. Alan G. Jamieson not only informs readers of the technological developments over the last sixty years that have made the true appreciation of shipwrecks possible, but covers shipwrecks in culture, maritime archaeology, treasure hunters and shipwrecks’ environmental impacts. He explores the implications of wrecks in recent decades, such as the blocking of the Suez Canal in 2021 by the giant container ship Ever Given.

Alan G. Jamieson is a researcher and writer based in Alberta, Canada. His books include the novel Crossroads of the Years (2008) and Lords of the Sea: A History of the Barbary Corsairs (Reaktion, 2012).
The Pirates’ Code
Laws and Life Aboard Ship
Rebecca Simon

‘Real history, so much more exciting than any pirate legend.’
– Dan Snow

‘For a rollicking account of the reality of the “Golden Age” of piracy, Simon’s book should float your boat.’ – Martin Chilton, The Independent, Books of the Month

In eight snappy chapters, the reader is smuggled aboard brigs, schooners and sloops, each infested with rats and chittering cockroaches . . . Simon’s writing is informative and packed with fascinating detail . . . It all makes for a hair-raising adventure, and a handy guide for anyone hoping to understand – or prepare for – the pirate way of life.’ – Alice Loxton, Daily Telegraph

Pirates have long captured the imagination with images of cutlass-wielding swashbucklers, eye patches and buried treasure. But what was life really like on a pirate ship? Piracy was a risky, sometimes deadly occupation and strict orders were essential for everyone’s survival. These ‘Laws’ were sets of rules that determined everything from how much each pirate earned to compensation for injuries, punishments and even the entertainment allowed on ships. These rules became known as the ‘Pirates’ Code’, which all pirates had to publicly swear by and were key to pirates’ success in battle, both on sea and on land.

Rebecca Simon is Professor of History at Santa Monica College, California. Her books include Why We Love Pirates: The Hunt for Captain Kidd and How He Changed Piracy Forever (2020) and Pirate Queens: The Lives of Anne Bonny and Mary Read (2022).
British Comics
A Cultural History
James Chapman

‘An invaluable resource for even the most laissez-faire of fans.’
– Seven Magazine, Sunday Telegraph

‘Condens[es] the rich story of comics in the uk into a very readable narrative . . . hugely informative and engaging.’
– History Today

‘A cogent and enjoyable new study . . . Chapman proves to be an enthusiastic guide.’ – TLS

‘A solidly researched piece of cultural history.’ – Comics Journal

Now in paperback, this book examines comic publishing and reading in Britain from the late Victorian era to the present. James Chapman explores the origins and evolution of these beloved publications, tracing the rise of characters such as lovable rogue Ally Sloper. From the heyday in the 1950s and ’60s with titles like Eagle to the controversial era of violent comics in the ’70s, including cult favourite 2000AD, and the adult comics boom in the ’80s, Chapman covers it all. An essential reference for collectors, this book celebrates the lasting impact of British comics on the imaginative lives of readers young and old.

James Chapman is Professor of Film Studies at the University of Leicester. His books include The British at War: Cinema, State and Propaganda, 1939–1945 (1998), Licence to Thrill: A Cultural History of the James Bond Films (1999) and War and Film (Reaktion, 2008).
Attention
Beyond Mindfulness
Gay Watson

‘A remarkable and searching account of the meaning of attention. Gay Watson looks deeply into the practices of artists, writers and musicians and reveals the correspondences with spiritual disciplines. This is a provocative book in replacing attention at the heart of what we should care about.’ – Edmund de Waal

‘In this tour de force, Gay Watson weaves together profound spiritual insights, crisply clear science, and page-turning personal observations about the front edge of consciousness: how we attend to our inner and outer worlds.’ – Rick Hanson, author of Buddha’s Brain: The Practical Neuroscience of Happiness, Love, and Wisdom

Attention is central to everything we do and think, and underlies both the mindfulness revolution and concerns about the influence of social and digital media today.

This book explores attention in action through many disciplines and ways of life, from neuroscience to surfing. Containing interviews with John Luther Adams, Stephen Batchelor, Susan Blackmore, Guy Claxton, Edmund de Waal, Rick Hanson, Jane Hirshfield, Iain McGilchrist, Wayne McGregor, Garry Fabian Miller, Alice and Peter Oswald, Ruth Ozeki and James Turrell, this book is essential reading for anyone who finds their attention wandering due to the clamour of modern life, and wants to know why.

Tokyo Before Tokyo
Power and Magic in the Shogun’s City of Edo
Timon Screech

Winner of the Yamagata Banto Prize, 2022

‘[Timon Screech does] a fine job of introducing this wealth of historical material to the general reader, serving as [a guidebook] orientating even the first-time traveler to one of the great cities of the early modern world.’  – Los Angeles Review of Books

’Screech is a highly knowledgeable guide to Ieyasu’s Edo. His narrative is generously illustrated . . . Today, very little of Tokyo’s past remains standing, but the original footprint is still there. With Tokyo Before Tokyo, Screech shows us where to look.’  – Japan Times

‘In this lavishly-illustrated, beautifully-written and comprehensive book . . . Edo comes back to life, its vibrancy restored and its former grandeur put on display.’  – Asian Review of Books

Tokyo today is one of the world’s mega-cities and the centre of a scintillating, hyper-modern culture – but not everyone is aware of its past. Founded in 1590 as the seat of the warlord Tokugawa family, Tokyo, then called Edo, was the locus of Japanese trade, economics and urban civilization until 1868, when it mutated into Tokyo and became Japan’s modern capital.

Timon Screech is Professor at the International Research Center for Japanese Studies (Nichibunken) in Kyoto and a Fellow of the British Academy. He is the author of many books, including Sex and the Floating World: Erotic Images in Japan, 1700–1820 (2nd edn Reaktion, 2009).
Wood, Whiskey and Wine
A History of Barrels
Henry H. Work

‘Work has done a fine job directing the spotlight toward an object that seems to beg for inattention . . . you won’t think of barrels the same way again.’ – Wall Street Journal

‘Terrific . . . Now it might not look like, yes, a barrel of laughs, but the story of the barrel is a truly fascinating one.’ – Irish Post

‘A thorough and entertaining journey from amphorae, barrels’ predecessors . . . there is much to interest both the general reader and the beer enthusiast in this well-written history of a container that has been with humanity for so long.’ – London Drinker

Barrels – we rarely acknowledge their importance, but without them we would be missing out on some of the world’s finest wines and spirits. For over 2,000 years they’ve been used to store, transport and age an incredibly diverse array of provisions around the globe. Offering a new way of thinking about one of the most enduring and successful products in history, Wood, Whiskey and Wine is a must-read for everyone from technology and history buffs to wine and whiskey aficionados.

Henry H. Work is a cooper who has worked in the vineyards of Napa Valley and California and with the whiskey distilleries of Kentucky. He has written extensively on the subject, including for Practical Winery and Vineyard and Australian and New Zealand Grapegrower and Winemaker magazines. A native of the USA, he now lives in Portugal.
The Modern Art Cookbook
Mary Ann Claws

‘[Caws] has paired pictures and recipes in the most imaginative way . . . A visual feast to salivate over.’
— Evening Standard

Oyster
A Global History
Carolyn Tillie

An exploration of the culinary, artistic, sexual, historical and scientific history of the humble bivalve.

Dates
A Global History
Nawal Nasrallah

‘A compact yet comprehensive volume . . . a tasty offering for date-lovers, botanists, biologists and historians alike.’ — Saudi Aramco World

Wolf
Garry Marvin

‘A richly illustrated and fascinating account . . . takes the wolf not only as an animal but also, critically, as a human cultural creation.’
— Anthrozoös
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Felipe Fernández-Armesto and Manuel Lucena Giraldo

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